\*\*SAVE THE DATES FOR THIS INNOVATIVE TRAINING SEMINAR!\*\*

# **BRAIN ACCESS THERAPY WITH HYPNOSIS:**

BEGINNING STRATEGIES FOR
DISSOLVING TRAUMA, ANXIETY, FEAR, PANIC, ANGER, PTSD AND
MORE

www.lauradelledonne.com

## **About this Training**

I am excited to announce a new training for therapists interested in how to access and engage the brains natural processes to reduce or dissolve emotional distress for their clients.

Learn to use techniques such as: Age Regression Hypnosis, Rational Hypnotherapy and the Library Brain, Generalized Scanning, Imagery for relaxing the conscious brain, Hypnosis Inductions, NLP Anchoring and Hypnosis and basic Rapid Resolution skills!

Together these techniques enable you to get to the ROOT of the problem for your clients quickly and peacefully.

More importantly, you will gain a greater understanding of the brain and how to access the inner mind, how it stores info like a computer, scans for retrieval, and categorizes experiences together like a library for learning purposes, and how to access and retrieve this data for therapeutic purposes. Also, learn to identify the initializing events that create disturbed emotions.

2-day Event Tampa, FL October 23&24 2015 14 CEU's

### **MORE:**

Step By Step Coaching and Instruction Break-Out Practice Sessions Scripts and Inductions Guided Imagery Meditation CD Instruction Manual

## **Quick Course Reference**

OBJECTIVE: Learn Innovative Brain Techniques with Hypnosis that enable you to access the mind in a deeper more effective way for your clients. Also Mind/Body Awareness Skills for dissolving Trauma, emotional upset and the physical effects that often accompany a Trauma or distressing event such as PTSD, Anxiety, Anger, Grief, Panic or Depression.

#### WHO SHOULD ATTEND?

- Social Workers, Marriage and Family Therapists
- Licensed Mental Health and Professional Counselors
- Psychologists/Psychiatrists
- Pastoral Counselors, Addictions Counselors

Tuition is: \$355 early bird registration

**\$395** after 10/9

\*Additional \$25 off if 2 or more sign up Together

# 14ceu's

For more info and to register for this training go to: www.lauradelledonne.com

Or call 813.416.9577

#### WHAT YOU WILL LEARN

- The Hypnosis Umbrella: History, Inductions, what to say when eyes are closed, Imagery and relaxation for deepening, self hypnosis
- > Age Regression, Event Scanning and Cognitive Restructuring for emotional clarity
- Shifting traumatic memories by understanding the facets of mind, how brain processes ,stores and categorizes info and data, time distortions, how brain shifts from the conscious viewer to inner mind for retrieval
- Experience guided, interactive meditation, understand mind/ body connection
- Learn and refine basics of RRT
- NLP anchoring with imagery and hypnosis to shift negative selfconcepts
- Weightloss and Pain reduction

## Featuring:

## LAURA DELLEDONNE-SCHMIDT, LMHC, NBCCH

Developer of Women's Wellness and Weightloss, Trauma Specialist, Certified NLP, Master Practitioner RTR, RRT, Certified Advanced Hypnosis, Expert Mindfulness and Regression Therapist Location Site: Paramount Plaza Building and Conference Center

<u>Location Site</u>: Paramount Plaza Building and Conference Cent 14502 N Dale Mabry Hwy Tampa 33618